

Department of Disease Control

Weekly Disease Forecast No. 62 _Mushroom Poisoning (13 – 19 June 2016)

The national disease surveillance system revealed 124 mushroom poisoning cases with 2 deaths during May - June 2016.

During last week, there were cases from wild poisonous mushrooms in 3 families and cases from poisonous mushrooms grown in front of a family's house. A total of 10 cases with 2 deaths (a father and his son) were reported from Tak and Chiang Mai provinces.



According to this week disease forecast, there is a continue risk of mushroom poisoning as there will be more mushrooms during the rainy season and there is a risky behavior of consuming self-picked wild mushrooms among rural people especially those in the Northern and the Northeastern regions. Life-threatening mushroom of *Amanita spp.* (Het ra-ngok) contains amatoxin that causes liver and kidney failure.

Due to difficulty in distinguishing the poisonous mushrooms from the edible ones, the Department of Disease Control strongly warns people to be cautious about wild mushroom picking and consumption. Moreover, mushroom toxins are heat-resistant and therefore are not destroyed in well-cooked food. One important reminder is that people should avoid drinking alcohol together with eating mushrooms because alcohol causes mushroom toxins to spread faster.

The Department of Disease Control recommends that only farm mushrooms should be consumed. Suspected poisonous or un-familiar wild mushrooms should not be picked or bought for consumption. If anyone develops symptoms including nausea, vomiting, abdominal pain, dizziness, the patient must visit a hospital for medical care immediately.



For queries or additional information, please call DDC hotline 1422.



กรมควบคุมโรค
Office design co.,ltd.
★★★★★

FREE